

Three Bears Menn

Why not try our tapas as a starter or we recommend sharing 3 or 4 dishes per person as a meal

## TAPAS

Pigs in blankets, apple sauce	£6
Salt & pepper squid, garlic aioli	£6
Breaded cheese wedges, cranberry chutney	£5
Garlic & herb ciabatta	£4
Chicken wings with garlic aioli	£4
Garlic & herb ciabatta with cheese	£5
Pan fried chorizo	£6
Katsu crispy chicken	£6
Salt & pepper seasoned chips	£5
Sweet potato fries	£4
Beef & potato croquettes, rich jus	£6
Vegetable spring rolls, sweet chilli dipping sauce	£5
Meatballs on a tomato ragout	£6
Duck spring rolls, sweet chili dipping sauce	£6
Side salad with house dressing	£5
Beer battered onion rings	£5
Patatas bravas, fried potatoes in a spicy tomato sauce	£5
Continental me <mark>at platter, olive</mark> s, tomato, cheese, toasted ciabatta	£9
Breaded risotto balls stuffed with mozzarella, tomato ragout	£7
Baked camembert cheese with cranberry sauce, toasted ciabatta	£7
Soup of the day with bread roll and butter	£6

## CIABATTAS (Served till 4.30pm)

Tuna & che <mark>ese melt w</mark> ith fries & a side salad	£10.95
Fish goujons & tartare sauce with fries & a side salad	£10.95
Crispy chicken with fries & a side salad	£10.95
Brie cheese & cranberry with fries & a side salad (add bacon £1)	£10.95
Steak with caramelised red onion with fries & a side salad	£11.95

We prepare each dish fresh upon request with locally sourced ingredients, which may result in minor wait times during peak hours. Although we take great care, our kitchen regularly handles nuts and other allergens, so we cannot assure that our meals are completely allergen-free. If you have specific dietary concerns, please inform your server. Additionally, please be aware that our fish and poultry dishes could contain small bones.



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## **FISH**

Beer battered cod, hand cut chips, mushy peas & tartare sauce	£16.95
Small beer battered cod, hand cut chips, mushy peas & tartare sauce	£10.95
Breaded scampi, hand cut chips, mushy peas & tartare sauce	£14.50
Small, breaded scampi, hand cut chips, mushy peas & tartare sauce	£9.95
Seabass fillet, Parmenter potatoes, seasonal veg, white wine cream £15.9	5
BEARS PIES	
Steak & ale pie served with mashed potatoes, seasonal vegetables	
& a rich gravy	£15.95
Chicken, ham & white wine pie served with mashed potatoes,	
seasonal vegetables & a rich gravy	£15.95
Cheese & onion pie with hand cut chips, baked beans & gravy	£15.95
VEGETARIAN & VEGAN	
Nut & seed roast, mashed potatoes, seasonal vegetable & gravy	£15.95
Mediterranean vegetable tart with sweet potato fries, relish & salad	£15.95
Mushroom, nut, brie, cranberry Wellington, chips & vegetable reduction	£15.95
BURGERS & STEAKS	
8oz Rump steak <mark>, chips, mushroo</mark> m, tomato, garlic butter	£18.95
Beef burger, flour <mark>ed ba</mark> p, cheese, fries, lettuce, onion, tomato & relish	£16.95
Crispy chicken burger topped with bacon on a floured bap with cheese,	
fries, lettuce, onion, t <mark>omato</mark> & tomato relish	£16.95
DESSERTS	
Warm chocolate brownie with vanilla ice cream	£6.00
Strawberry and prosecco truffle, cream, coulis	£6.00
Sticky toffee pudding, toffee sauce & vanilla ice cream	£6.00
Dessert of the day (please ask your server for details)	£6.00
3 scoops of ice cream with a biscuit wafer	£6.00

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